

Neck Pain and Headache

Condition

A 52-year-old female, suffered from neck pain and headaches on and off for many years. The headaches seem to become more frequent and last longer during time of stress, but are often also associated with increased neck pain.

Medical Assessment

Physical examination revealed tenderness to palpation in the neck, in particularly in the sub occipital area. There was also trigger point in the upper part of the trapezius muscle bilaterally as well as at the insertion point of the levator scapulae at the medial angle of the scapula. Lateral cervical radiographs showed a hypolordotic cervical spine.

Treatment Suggestion

Our suggested clinical plan is to address the malalignment of the patients' spine through gently applying the KKT[®] treatment device.

Results of Treatment

Treatment began, and after three weeks the patient noticed less tension in the neck and the upper back. After two months of care, the headaches had decreased in frequency and intensity. The patient has learned to notice the first signs of a headache coming on and, if possible, attends the clinic for treatment right away. This will often alleviate the headache within a couple of hours, whereas the headaches had previously lasted up to two days in length.

KKT[®] Tomorrow's healthcare, Today!

So come in today for a consultation and take the first step to feeling great again. Because life won't wait and neither should you!

Get back to health and get back to being you again.

To learn more about KKT[®] or to make an appointment with one of our orthopedic specialists
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