

## **Neck pain and headaches**

### **Condition**

A 57- year - old female, presents with neck pain and left- sided headache, as well as a “clicking or snapping” sound in her neck.

### **Medical Assessment**

Physical examination demonstrated tension and tenderness to palpation on the left side of the neck, as well as in the upper part of the left trapezius muscle. Cervical range of motion was decreased in left rotation.

### **Treatment Suggestion**

Our suggested clinical plan is to address the malalignment of the patients’ spine through gently applying the KKT<sup>®</sup> treatment device.

### **Results of Treatment**

After one treatment, the headache was alleviated, and after a couple more treatment’s the neck pain was gone. Palpation didn’t elicit tenderness and range of motion had returned to normal. However, the clicking/snapping sound that she could hear when she moved her neck in certain directions remained. This required a longer treatment plan to address the stability of the neck and the integrity of the soft tissue. Over the following month, the patient noted a gradual decrease in the frequency of these clicking sounds.

**KKT<sup>®</sup> Tomorrow’s healthcare, Today!**

So come in today for a consultation and take the first step to feeling great again. Because life won’t wait and neither should you!

**Get back to health and get back to being you again.**

To learn more about KKT<sup>®</sup> or to make an appointment with one of our orthopedic specialists  
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